

**Dallas Aquatic Masters
 Christmas Relays Swim Meet
 Saturday, December 13, 2008
 SMU Perkins Natatorium
 6024 Bishop Blvd. Dallas, TX 75275**

Name:	Birth Date:	
Address:	Age:	Sex: M or F
City:	State:	Zip:
Home Phone:	Work Phone:	
Swim Club:	USMS #	

SCHEDULE OF EVENTS

SATURDAY: Warm up.....10:00am Meet begins.....10:30am

Please check in the space provided the events you wish to enter (limit five). If you want to swim a particular stroke, indicate this next to the event. If you have a relay team organized for an event, please list the names and USMS numbers of all swimmers involved next to the event. Please note all relay swimmers must submit an entry form and signed USMS waiver.

***Teams other than DAM, please specify the members of your team and circle category (mixed, men or women) and ENTER WITH AN APPROPRIATE TIME. If the relay time is to be submitted to USMS then we must have your entry form in advance. No deck entries allowed for official timed relays!!**

TIME	EVENT	RELAY MEMBERS
	#1 200 yd Medley * (mixed, men or women)	
	#2 200 yd Kick (4x50)	
	#3 200 yd Train (4x50) * (1 pulls, 1 kicks)*	
	#4 200 yd Butterfly (4x50)	
	#5 100 yd IM (4x25)	
	#6 200 yd Free * (mixed, men or women)	
	#7 200 Couples Tied Together (4x 50)	
	#8 200 yd Backstroke (4x 50)	
	#9 200 yd T-shirt, pull buoy, tube, etc. (4x 50)	
	#10 100 yd Free (4x 25)	
	#11 200 yd Breaststroke (4x 50)	

USMS WAIVER RELEASE

"I, the undersigned participant, intending to be legally bound, do hereby certify that I am physically fit and have not been otherwise informed by a physician. I acknowledge that I am aware of all of the risks inherent in Masters swimming (training and competition) including possible permanent disability or death, and agree to assume all of those risks. AS A CONDITION OF MY PARTICIPATION IN THE MASTERS SWIMMING PROGRAM OR ANY ACTIVITIES INCIDENT THERETO, I HEREBY WAIVE ANY AND ALL RIGHTS TO CLAIMS OR LOSS OR DAMAGES, INCLUDING ALL CLAIMS FOR LOSS OR CAMAGE CAUSED BY THE NEGLIGENCE, ACTIVE OR PASSIVE, OF THE FOLLOWING: UNITED STATES MASTERS SWIMMING, INC., THE LOCAL MASTER SWIMMING COMMITTEES, THE CLUBS, HOST FACILITIES, MEET SPONSORS, MEET COMMITTEES, OR ANY INDIVIDUALS OFFICIATING AT THE MEETS OR SUPERVISING SUCH ACTIVITIES. In addition, I agree to abide by and be governed by the rules of USMS. (rule book article 203.1)

SIGNATURE:

DATE:

**ENTRY FEE: \$20.00. After December 10th, late entry fee and deck entry fee: \$25.00.
 Mail Entry forms and checks to: DAM, 4901 Cole Ave. Dallas, TX 75205**

Dallas Aquatic Masters Christmas Relays Swim Meet

Time and Location:	Saturday, December 13, 2008	Warm-up: 10:00am Meet Start: 10:30am
SMU Perkins Natatorium, 6024 Bishop Blvd. Dallas, TX 75275		
Come join us for some holiday fun in the annual Christmas Relays!		
Facilities:	Six lanes, 25-yard indoor course, non-turbulent lane lines. Fully automatic timing system with display board	
Eligibility:	Open to all swimmers who are 18 years or older as of December 13, 2008, and are currently registered with United States Masters Swimming (USMS).	
Meet Format and Rules:	The 200 medley and 200 relays may be mixed, all men, or all women. If the relay time is to be submitted to USMS then we must have your entry form in advance. No Deck entries allowed for official timed relays. *Teams other than DAM, please specify the members of your team and circle category (mixed, men or women) and enter with an appropriate time. All other relay teams will swim in the traditional fun heats, with coaches making up the relay teams. None of these heats will be timed. NO REFUNDS WILL BE GIVEN.	
Sanctions:	USMS, INC. and North Texas Masters Swim Committee sanction the meet xxx-xxx	
Seeding:	Relay teams and lane assignments will be posted 30 minutes before the meet starts. Each team will be made up of swimmers of various skill levels.	
Deadline & Fee:	The entry fee is \$20.00 for all forms received on or before Wednesday, December 10th. Forms received after December 10th, will not be accepted unless a late fee of \$5.00 is included. A swimmer may enter a maximum of [5] events on Saturday. Make checks payable to Dallas Aquatic Masters. Deck Entries of complete relays will be accepted with a fee of \$25.00 per swimmer and must be turned in 30 minutes before the start of the meet. If you are registered outside of the North Texas LMSC, please send or bring a copy of your current USMS card for verification. NO ONE SWIMS WITHOUT USMS REGISTRATION – NO EXCEPTIONS!	
Awards:	The top 2 teams in each heat will receive a Christmas gift from Santa.	
To Enter:	Complete the meet entry and return it with your check made payable to: Dallas Aquatic Masters (DAM) 4901 Cole Ave. Dallas, TX. 75205. Late Entries can be faxed to us at 214-219-2320.	
Lodging:	Radisson Inn: 6060 N. Central Exp. 214-750-6060 Adams Mark: 400 N. Olive 214-922-8000	
Meet Results:	Final results will be available on the Dallas Aquatic Masters Web Page, www.damswim.com.	
Social:	The Dallas Aquatic Masters will host a Party following the meet. Details will be available at the meet.	